



ETZ CHAIM SEPHARDIC CONGREGATION

B"H

SHABBAT SHALOM

PARASHAT NITSAVIM
D'VAR BY
RABBI DAVID GINGOLD-ALTCHEK

It is written in the famed works of medieval Jewish Ethics (see *Iggeret Ramban*; *Orhot Žadikim*; etc.) that **humility** is the archtrait or the primary positive quality in mankind from which all other goodness (traits & qualities) come. Accordingly, we should be asking ourselves what does humility actually mean? Much like the terms *zedaka* and *tzniut*, *ānava* (humility) is less strait forward than the English translation can do it credit.

R' Azoulay, in his 'Homat Anakh' says we can gain insight from this week's parasha, with the help of the above mentioned medieval moralists. The parasha states, "For the matter is close to you; it is in your mouth and in your heart to do it." To explain this verse - and our concept contextually - he says we must use the axiom later out above to enlighten our reading of this verse.

He writes as follows, "If one chooses to be an *ānav*, a humble person, then they can be complete (morally & spiritually virtuous) by following the traditional Talmudic explanation of this verse; wherein 'in your mouth' refers to speech - for the speech of the *ānav* is in Torah and its application. And 'in your heart' refers to purity of thought - for the *ānav* cannot think of that which is impure (regarding the divine) or immoral (regarding man). Finally, 'to do it' alludes to the fulfilling of the mitzvot in both the prescribed corpus and moral spirit."

Of this the Zohar teaches, "Regarding the humble, the forces of temptation cannot tank hold, the humble becomes as a predicate to the subject of the divine glory, and it is as if they have found every path to the will of heaven! Thus, to reach the lofty personal heights of *ānav*", says R' Azoulay, "is to uphold the entire Torah (even those parts that one cannot practically do), as s/he is connected to all of its primary aspects" - just as s/he is connected to the primary virtue of morality!

Deep words that should lead us into our days of judgement!

Tizku L'Shanim Rabbot, Ne'imot, v' Tovot ...

Anos Muchos í Salud
& Shabbat Shalom!

Shabbat Nitsavim Observance Times

Friday Night Services - Minha	7:00 PM*
Shabbat Candle Lighting	7:48 PM
Shabbat Morning Services - Shaharit	9:00 AM**
Shabbat Minha	7:40 PM*
Seudah Shelishit	8:10 PM*
Arvit & Havdallah	8:47 PM*
Shabbat End	8:47 PM*

*Please note observance times change.

**Please arrive on-time to make a minyan,
 so Torah reading can begin on time.

***Please leave cellphones outside the synagogue
 on Shabbat & Holidays

Contact Information

Office: Information@etzchaimindy.org / 317-251-6220

Rabbi: Rabbi David Gingold-Altchek: Rabbi@etzchaimindy.org

President: Alan Cohen: President@etzchaimindy.org/ 317-513-3056

Immediate Past President: Gadi Boukai: bgadi@att.net/ 317-727-6113

Treasurer: Mark Sigman: Treasurer@etzchaimindy.org/ 317-691-7553

Deborah Sisterhood President: Maya Shmoel:

Sisterhood@etzchaimindy.org

Sisterhood & Book Donations: Carol Cohen: CCarol675@comcast.net / 317-334-9810

Oneg Sponsorship: Rakhel Farahan 317-413-0373

Life & Legacy: Alan Cohen, president@etzchaimindy.org/ 317-513-3056



Yamim Tovim

High Holidays @ Etz Chaim

Rosh Hashana 5779

Selichot Services will begin every morning, from Rosh Hodesh Elul through Yom Kippur, at 6:30 am, 30 minutes prior to our daily Minyan, unless otherwise noted. Please try to attend.

Rosh Hashana

Sunday, September 9 - 7:00 PM

Monday, September 10 - 9:00 AM

Minha followed by Tashlich - 7:00 PM

Tuesday, September 11 - 9:00 AM

Tuesday Evening - 7:45 PM

Fast of Gedaliah

Wednesday, September 12 Selichot - 6:30 AM

followed by

Morning Services at 7:00 AM

Fast begins at 6:01 AM and ends at 8:32 PM

Everyone is welcome. No Charge.

Babysitting Available

Sun., 9/9: 6:30 PM - 8:30 PM

Mon., 9/10: 9:30 AM - 1:30 PM

Tues., 9/11: 9:30 AM - 12:30 PM

The full HIGH HOLIDAY SCHEDULE 5779
 is attached to the Shabbat flyer email, and available in the lobby.

Anyos

Bessie Goloff
Jack S. Toledo
Anna N. Meshulam
Isaac T. Mitchell
Rafael Alkobi
Joseph L. Calderon
Jack A. Cohen
David Franz
Avram Jacob Mordoh

Previously omitted:
Margery L. Klain

Weekly Services & Classes

Services and classes are open to the community & free of charge.

Sunday @ Chabad on 96th

Shaharit @ 8:30 AM - Selichot

Wednesday – Friday @ Etz Chaim

Shaharit @ 6:30 AM - Selichot

Upcoming

Sunday, September 9 @ 7:00 PM

Erev Rosh Hashana

Tuesday, September 18 @ 7:00 PM

Erev Yom Kippur

Kol Nidre Service

Wednesday, September 19

9:00 AM - Yom Kippur Service

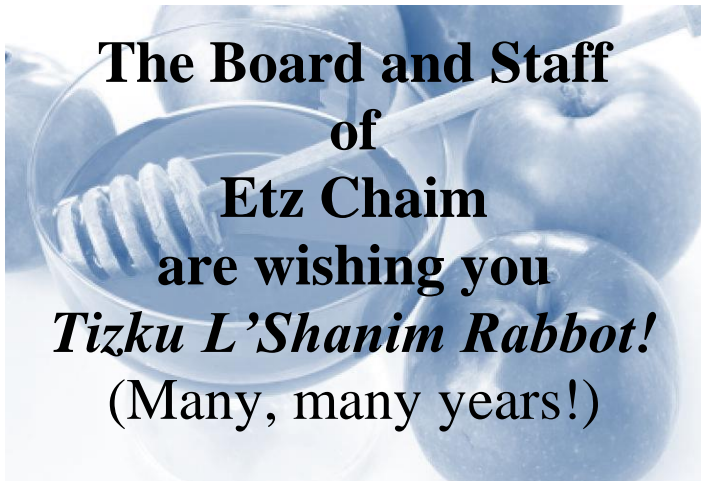
7:00 PM - Neila Service

Sunday, September 23 @ 10:30 AM

**Kids' Sukkah Decorating Activity w/ Rina Karmazyn
& Sukkah Building**

All of our holiday services, events and activities are open and free of charge to the entire Jewish community, Veterans, young professionals, and college students, too!

Please join us for the *only* Sephardic services in town!



**The Board and Staff
of
Etz Chaim
are wishing you
Tizku L'Shanim Rabbot!
(Many, many years!)**

JCRC's Fall Programs to Help Combat Anti-semitism

Stand Up! Speak Out!

ISRAEL ENGAGEMENT FELLOWSHIP
Preparing Indy's Jewish Teens for Campus and Beyond

JCRC Programming to Combat Antisemitism

SYMPOSIUM ON ANTISEMITISM
WEDNESDAY, OCTOBER 10, 2018
8:30 AM - 3:45 PM
Indianapolis Central Library
40 E. St. Clair St. Indpls, IN 46204

Learn about the world's oldest hatred, how & where it's manifesting today, and ways we can confront it from leading experts in the field.

\$25 REGISTRATION - STUDENTS ARE FREE! SPACE IS LIMITED SO REGISTER NOW!
INDYJCRC.ORG/SYMPOSIUM

Information on these and other programming is available on IndyJCRC.org, or contact JCRC's Israel & Antisemitism Education Coordinator: Marla Topiol (mtopiol@indyjcrc.org).

Etz Chaim is a participant and recipient of the **LIFE & LEGACY** program. Contact Alan Cohen (317) 513-3056 for more information.



*This Week's Oneg
Sponsored by*

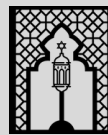
**Sam Profeta and Sharon Profeta
In Loving Memory of Their Father,
David Profeta**

and

**Sharon Huddleston, Judy Edwards
and Alan J. Cohen
In Loving Memory of Their Father,
Jack A. Cohen**

Prepared by Deborah Sisterhood

Kitchen Volunteers Needed: Friday's @ 10:00 AM.
Oneg sponsorship opportunities are available!



**Etz Chaim is a proud member of
The Sephardic Jewish Brotherhood of America
La Ermandad Sefaradi
www.sephardicbrotherhood.com**

Bikkur Cholim: Please contact the office if you know of someone who is ill or needs support of our community or Rabbi.