



# ETZ CHAIM SEPHARDIC CONGREGATION

B"H

## SHABBAT SHALOM

### RE'EH ROUNDUP, D'VAR from CHABAD.ORG

In the previous *parshah*, Moses told the people of Israel that keeping to the Torah and mitzvot is the key to conquering the Holy Land and living the good life there. In this week's *parshah*, Moses teaches about fifty-five mitzvot. Let's explore some of them here:

#### Destroying Idols

When the Jews come to Israel, they should destroy all the idols that the former inhabitants left behind.

#### The Temple

They should build a holy temple, called the *Beit Hamikdash*, where they will serve G-d and bring sacrifices.

#### Preparing Meat

Animals must be slaughtered in a special way in order to be kosher. Blood is never allowed to be eaten, so meat is salted before cooking.

#### False Prophets

Anybody who says false prophecies must be put to death. How do we know if he is a false prophet? 1) If he says that he is saying a prophecy from an idol (a false god), or 2) If he says that G-d told him to tell the Jews that they must violate a certain mitzvah. In both cases, we know immediately that he's making it up and is a false prophet.

#### Kosher Animals

The signs of kosher animals and fish are repeated here. Do you remember what they are? A kosher animal chews its cud and has split hooves. Kosher fish have fins and scales. Next is a list of the twenty-four non-kosher birds; all other birds are kosher. The final kosher law in this *parshah* is that milk and meat must not be mixed together.

#### Tithes and Firstborns

When a farmer grows produce (fruit, grain, or vegetables) he must take a tithe, or a tenth of what he has grown, and eat it in Jerusalem. On some years, the tithe goes to the Levite. All firstborn cattle are offered in the Beit Hamikdash and their meat is then eaten by the *kohen*.

#### Festivals

The *parshah* ends by telling us of the three high points in the Jewish calendar: Passover, Shavuot and Sukkot. During the times of the Beit Hamikdash, all the Jews would go up to Jerusalem during these holidays; that's why they are called the Pilgrimage Festivals. Today, we celebrate Passover by eating matzah, Shavuot by hearing the Ten Commandments, and Sukkot by eating (D'var cont.) in special huts for seven days.

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### Shabbat Re'eh Observance Times

Friday Night Services - Mincha	7:30 PM
Shabbat Candle Lighting	8:29 PM
Shabbat Morning Services - Shaharit	9:00 AM*
Shabbat Mincha	8:30 PM
Seudah Shelishit	8:50 PM
Arvit & Havdallah	9:31 PM
Shabbat End	9:31 PM

\*Please arrive at 9:00 AM on Shabbat to make a minyan, so Torah reading can begin on time.  
Thank you in advance for your mitzvah!

### Contact Information

Office: [Information@etzchaimindy.org](mailto:Information@etzchaimindy.org) / 317-251-6220

Rabbi: Rabbi David Gingold-Altchek: [Rabbi@etzchaimindy.org](mailto:Rabbi@etzchaimindy.org)

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Oneg Sponsorship: Rakhel Farahan 317-413-0373

Life & Legacy: Alan Cohen, [president@etzchaimindy.org](mailto:president@etzchaimindy.org) / 317-513-3056

Join us for lectures by medical doctors, members of the community,  
at the

## MD SPEAKER SERIES

@ Etz Chaim, 6939 Hoover Road, Indianapolis

Q&A/Open to the Community/ Refreshments/ No charge

Thursday, August 9 @ 7:30 PM

**Dr. Freshteh Farahan-Mintz**

Pediatrician

Topic:

**"Updates in Pediatric Medicine"**

followed by "Questions You Would Ask Your Pediatrician, If Your Appointment Lasted Longer Than 10 Minutes"



Freshteh Farahan-Mintz, MD  
Pediatrician

## Anyos

**Morris Meshulam  
Jeanne Marcus  
David Profeta**

**This Week's Oneg  
Sponsored by**

**Avi & Maya Shmoel  
and  
Alexander & Marina Nazarov**

**In Honor of  
The Shabbat Chattan for  
Yanive Shmoel and Victoria Nazarov**

Kitchen Volunteers Needed: Friday's @ 10:00 AM.  
Come show off your cooking prowess, or learn the Sephardic  
recipe secrets of the Deborah Sisterhood kitchen.  
Oneg sponsorship opportunities are available!

**Indiana Jewish Historical Society  
presents**

**Hoosier Jewish Legends Hall of Fame  
Induction and Luncheon  
Sunday, August 26, 2018 @ 12 Noon**  
Table at Market District  
11505 N. Illinois St., Carmel  
\$36

Individuals, including **Lois and Sidney Eskenazi**,  
were selected for their significant contributions to  
life in Indiana.

Reservations:

Chairperson Mark Roger [mroger@artandtex.com](mailto:mroger@artandtex.com)  
Co-Chair Sheila Greenwald [sheilaeg@aol.com](mailto:sheilaeg@aol.com)

**RSVP's Required**

*Shabbat Shalom!*

*Scott and Shoshi Roland and their family express their  
gratitude for everyone who came for shiva, paid for  
and brought food, made pledges on Shabbat, and  
everything else that was done to comfort them after  
the passing of their daughter, Michelle Topaz Roland  
z"l. They are thankful to be a part of this Community.*

Etz Chaim is a proud participant and  
recipient of the LIFE & LEGACY program.  
Contact Alan Cohen (317) 513-3056 for  
more information.



## Weekly Services & Classes

Services and classes are open to the community & free of charge.

Sunday @ Chabad on 96th

**Shaharit @ 9:00 AM**

Monday – Friday @ Etz Chaim

**Shaharit @ 7:00 AM**

Wednesday & Thursday @ 8:00 PM

**Class w/ Rabbi David Gingold-Altchek**

## Upcoming Events

Thursday, August 9 @ 7:30 PM

**MD Speaker Series: Lecture #3  
Dr. Freshteh Farahan-Mintz, Pediatrician**

Thursday, August 16

**2018 AIPAC Indiana Annual Event  
Featuring David Horowitz  
Founding Editor, Times Of Israel**

Sunday, August 26

**Indiana Jewish Hoosier Legends  
Hall of Fame Induction & Luncheon**

**LAST CHANCE TO PLACE YOUR ORDERS  
FOR**

## The Deborah Sisterhood Holiday Bake Sale!

**But, first ...**

**Baking volunteers**, baking is taking place Wednesdays  
& Thursdays @ 11:00 AM until 8/26. This is a great  
opportunity to learn from our Sephardic chefs!

### HOLIDAY BAKED GOODS ORDER FORM

**Announcing! Just in time for your Rosh Hashanah Table!**

All baked goods are prepared by  
the **Deborah Etz Chaim Sisterhood**  
in the Etz Chaim synagogue kitchen and are Kosher.



\*\*\*All Orders and Payments must be Received by  
Sunday, August 12, 2018.

\*\*\*Pick up at Etz Chaim on **Sunday, August 26**, between 11:00 a.m. – 1:00 p.m.  
6939 Hoover Road, Indianapolis, IN 46260

**Order NOW, and have  
your baked goods for the  
holidays! Form attached.**

QUANTITY	DESCRIPTION	PRICE
	Strawberry Jam - 24 oz Jar	\$15
	Pickled Vegetables - 24 oz Jar	\$8
	Round Sweet Challah - 2 Dozen	\$7
	Round Sweet Challah	\$10 / each

\*All baked goods are kosher, and made in the Etz Chaim kitchen.



**Etz Chaim is a proud member of  
The Sephardic Jewish Brotherhood of America  
La Ermandad Sefaradi  
[www.sephardicbrotherhood.com](http://www.sephardicbrotherhood.com)**

**Bikkur Cholim:** Please contact the office if you know of someone who is ill or needs support of our community or Rabbi.